



REGISTRATION

PUT YOUR BEST FOOT FORWARD

Presented by: 
Gwinnett Medical Center
Lawrenceville • Duluth

Gwinnett Chamber Button Down Dash – 5K/10K

Mission Critical: Loosen your tie, kick-off your wingtips and grab a co-worker with extra capacity for a low-risk, high-reward race down Sugarloaf Parkway. The cubicle shuffle begins August 6, as Gwinnett races to become the healthiest county in the country at the annual Button Down Dash. Value-added festivities at the finish line will keep everyone in good spirits.

Due Diligence: Saturday, August 6, 2016

6:30 a.m. – Registration / 7:30 a.m. – 10K / 7:45 a.m. – 5K

Start & Finish Line: Gwinnett Chamber of Commerce, 6500 Sugarloaf Parkway, Duluth, GA 30097

Stay Connected:

Twitter: @GwinnettChamber • Facebook: Gwinnett Chamber #buttondowndash • ButtonDownDash.com

Action Items:	Pre-registration thru July 1, 2016	Registration after July 1, 2016
	5K Race – \$25	5K race – \$30
	10K Race – \$30	10K Race – \$35

Register Online: ButtonDownDash.com/registration

Take Offline and make Registration Checks payable to:

Gwinnett Chamber of Commerce, C/O Button Down Dash, 6500 Sugarloaf Parkway, Duluth, GA 30097

PLEASE PRINT CLEARLY

NAME _____

DOB _____ SEX _____ PHONE _____ EMAIL _____

ADDRESS _____

CITY/STATE/ZIP _____

EMERGENCY CONTACT _____ EMERGENCY PHONE _____

Check one of the following 5K 10K

What is your shirt size? ADULT SMALL ADULT MEDIUM ADULT LARGE ADULT X-LARGE ADULT XXL (ADD \$2)

Waiver: I accept any risks of participation in association with this event and agree to hold harmless the Gwinnett Chamber of Commerce, all sponsors, all officers, members, and directors of said organization, their respective employees, agents and other individuals who are in any way associated with this event, including volunteers and traffic controllers. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event.

SIGNATURE (PARENT’S SIGNATURE IF UNDER 18)

DATE